



The Prospector

Sitka Pioneers' Home

August 2018 Vol.38 No.8

Resident Birthdays

<i>Bonnie Stedman</i>	<i>8-7</i>
<i>Leslie Pellett</i>	<i>8-11</i>
<i>Jean Riederer</i>	<i>8-17</i>
<i>Martha Howard</i>	<i>8-28</i>
<i>Bob James</i>	<i>8-30</i>

Staff Birthdays

<i>Jill Kollerup</i>	<i>8-19</i>
<i>Gabby Cherrier</i>	<i>8-21</i>
<i>Marife Plaisance</i>	<i>8-22</i>
<i>Cory Chapman</i>	<i>8-27</i>
<i>Rolly Jeske</i>	<i>8-29</i>
<i>Leah VanCise</i>	<i>8-29</i>
<i>Rosalinda Ganitano</i>	<i>8-30</i>



*August birthdays
will be recognized at
Home Happenings!*



Contact us anytime!



Here's the current contact information:

Main Line: 1(907)747-3213

Please follow operator instructions for additional contacts throughout the Home.

- **Administrator:** Dayna Arnold 747-2105
dayna.arnold@alaska.gov
- **Admin. Assistant:** Terri Moore 747-2106
terri.moore@alaska.gov
- **Nurse Manager:** Kathy Inman 747-2116
kathleen.inman@alaska.gov
- **Recreation:** Skye Workman 747-2103
skye.workman@alaska.gov
- **Supply Tech:** Patty Ady 747-2109
patricia.ady@alaska.gov
- **Medical Records:** Mona Allen 747-2111
mona.allen@alaska.gov
- **Environmental Services:** Katy Rouse 747-2102
kathleen.rouse@alaska.gov

We are happy to hear from you!

4th of July—Veteran float, SPH bus, roadside festivities and friends!



Medvejie Salmon Bake—salmon, friends, s'mores and berries!



Fine Arts Camp concert, music enthusiasts, and cello soloist concert.



A poem reading and songs by Bill Davis' family, Terri's birthday, Ruth with her grand and great grand kids.





Welcome
Joseph "Joe" Griffin

Joe was born on October 27, 1946 in Norfolk, VA. His parents were Albert P. Griffin, Sr. and Virginia L. Strickland. Joe grew up in Woodland, North Carolina, where the family lived and worked a farm. They grew peanuts, soybeans, cotton and tobacco. Joe graduated from High School in 1965 and went directly into the US Coast Guard after graduation. During his 20 years in the USCG Joe served on many different boats and traveled to many places, including the Caribbean. Joe says that he loved being out on the water. Joe has been in Alaska since 1972. Joe married his wife, Linda Hagwood, in 1965. They had two children, Joseph Griffin, Jr. and Nathan Griffin - both whom reside in Ketchikan, Alaska. Linda passed away in 2013. Joe has five grandchildren and two great-grandchildren. After Joe retired from the USCG he worked as a cook for about 9 years, and he worked in the Ketchikan Pioneer Home kitchen for two years in the 1980's. Joe loves animals, especially dogs. He has had a mini-Schnauzer, Minpin, and Lhasa Apso. He would love it if someone brought a dog to visit with him! Joe is a Sea Hawks and Carolina Panther's fan. He loves the outdoors and enjoys some games. He shared that he likes to have visitors so feel free to stop by and say 'Hello.'

Please welcome Joe to North Star Neighborhood and the Sitka Pioneer Home family.

Welcome
Janet 'Jan' Sparks

Janet "Jan" Sandstrom was born on June 23, 1941, in Los Angeles, California to Robert Sandstrom and Viona Elizabeth Falk. She has two siblings - Wayne Sandstrom of Fairbanks, AK and Karen Estrada of Tucson, AZ. Around 1951 the family moved to Alaska, where Jan completed High School. Jan spent her years in Alaska in Fairbanks and Haines. In 1958, she married Ronald Sparks. She and Ron had four children: Ronald "Skip" Sparks of Gearhart, OR; Evans Sparks and Tina Anderson of Sitka, AK, and Curt Sparks of Anchorage, AK. Jan currently has four grandchildren. Jan is proud of her children and enjoyed raising them. She also enjoyed her work in Medical Records and as the Dietary Manager at the Sitka Community Hospital. Jan likes to work on puzzles. She also enjoys ceramics and painting. In fact, her knowledge of ceramics is something she would share with others! Jan likes to read, watch TV and listens to the radio. Jan likes to watch game shows and keep up on the news. Jan enjoys visitors and looks forward to getting to know everyone here.

Please welcome Jan to Northern Lights Neighborhood and the Sitka Pioneer Home family.

Eden Alternative Renewal Celebration

Carnival and Food Booths

4H sign-making success!

Getting tickets!



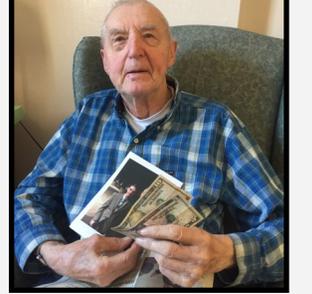
Caught clowning around!



Neck-tie craft...Indian Tacos...Caramel Popcorn



Carnival—Games! Dunk tank! Prizes!



July 2018 Happenings

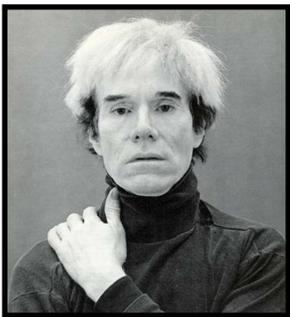


National Watermelon Day

**~Treats and Games~
Watermelon eating contest,
trivia, jokes, and more!**

Friday, August 3, 2018 @ 1:30pm in the Main Lounge

*Andy Warhol (1928-1987)
90th Birthday Anniversary
Pop art Craft*



*Mon. August 6, 2018
@ 11:15am
in the Main Lounge*



National Relaxation Day Event

*Soothing music, aroma therapy, massage,
paraffin wax treatments, foot soaks*

Wed. August 15, 2018 @ 1:30pm in the Main Lounge

RELAX

Sheldon Jackson Museum
Alaska Native Artist Residency Program
brings artists to Pioneer Home!

This August we will meet two artists visiting Sitka
as part of the SJM Artist Residency program.

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**Lily Hope**, a Tlingit Chilkat and Ravenstail weaver,  
will join us Thursday, August 9, 2018  
at 1:30-4:00pm in the Main Lounge

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Jimmy Carlisle, Inupiat ivory carver and gut skin worker,
will join us Wednesday, August 29, 2018
at 3:00-4:00pm in the Main Lounge



'Be an Angel' Day

Wednesday, August 22, 2018

The purpose of the day is for each person to do
“one small act of service. Be a blessing in someone’s life.”

National Banana Split Day

Friday, August 10, 2018

@ 1:30pm in the Main Lounge



THANK YOU!!!

Independence Day Help—*There were many volunteers again this year for the 4th of July. They made the day so special by helping decorate, entertain, and assist with getting out to the parade. Thank you, Jill, for working on the holiday and organizing the parade attendance and participation! Also, special thanks go to Brian for helping decorate the white bus and go with Elders in the parade. Thank you so much; we really couldn't do it without all of you!*

NSRAA and Allen Marine—Thank you for another awesome Salmon Bake out at the Medvejie Hatchery. Thank you for a great meal, warm campfire, and educational tour of the operations.

Artist-in-Residence—*Abel Ryan came in twice in July to spend time working on his art and share his knowledge of carving with various techniques on a variety of mediums. Thank you!*



Misha Bekeris—Shared a slideshow of his sailing trip with the Fulton family from San Francisco to Hawaii. What a great experience for a young man with no prior exposure to sailing!

Sitka Summer Fine Arts Camp—*The Fine Arts Camp students put on a lovely concert at the Home this month. Kids from all over the US attend the Sitka camp these days and it is always so impressive to hear how well they play together after just a couple of weeks spent practicing!*

Sitka Summer Music Festival—This years' Cello Seminar students proved to be very talented and it was such a joy to listen to their music.

Rolly Jeske—*Thank you for sharing your fresh king salmon with us! It was cooked to perfection on the grill and served with sides provided by the kitchen for a very special lunch.*

THANK YOU!!!

***Carnival Volunteer Crew**—Claire Sanchez of 4H facilitated a group to make signs for the games, organized and operated a ball toss game, invited 4Hers to help out and lent a hand throughout the event! Wendy and Elliot Longtin, of 4H and Brave Heart, kept everyone involved starting with handing out the lanyards, then as game operators, and settling out the prize earnings as things came to a close. Giggles the Clown brought smiles, jokes, balloon figures and joy to all. Bonnie Cotrell, of Brave Heart, came by to play the piano and stayed for the fun! Zeke and Cyrus, Grace Roller's boys, kept busy with games and not only enjoyed playing, but helped operate the dunk tank too!*

Thanks to staff—Gratitude is due our staff for planning and making the recent Carnival possible. Thanks to Skye and the crew, Becky, Rolly, and Jill, who spent many hours in advance preparing the artwork and games for the big event as well as setting up each area for booths and games that day. Along with Patty and Greg, the team cooked up Fry Bread, caramel popcorn, corn dogs and churros, and they contributed both time and skills—to which we say “Thank you,” for what is a carnival without great food? Kudos go to Dayna, Sharon P, Skye and George for being super brave sports in the dunk tank! Joe also took an important role in facilitating this game. Thanks to the CNAs and RNs who gathered residents to make sure they were a part of the entertainment. You were all such a vital part of the day as you observed everyone's needs on each floor. Finally we extend our thanks to Nathan and his grandsons for the end-of-day cleanup. What an awesome day of fun for all. If we missed naming someone who was helpful, please forgive us. We assure you that it was unintentional.



Thank you, Amanda, for your long-term dedication to enrich the lives of elder Alaskans. As the Director of the Alaska Pioneers' Homes, we have appreciated your work to enhance the quality services that we offer. All our best,
The Sitka Pioneers' Home Family

Resident Meeting Minutes *Wednesday, July 11, 2018 @ 1:00pm (Main Lounge)*

Attending:

Fred H, Ruth F, Jean R, Melba V, Marge W, Fredi Y, Bill D, Martha H, Donna G, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

The attendees had no concerns at this time. Requests: fried bread, fish heads.

Old Business:

Library in Rm #143- Most movies have been organized with color coded stickers, two shelves left.

Agenda Items:

Upcoming events:

July- Carnival /Food Booth Eden Celebration, photo slideshow by Misha

August- Watermelon Day, Andy Warhol Craft, Banana Split Event, Relaxation Day, Al-len Marine boat cruise.

September- National Assisted Living Week (theme: 'Capture the Moment').

New Business:

An attendee asked about a new channel on TV.

Administrator's update:

The staff is finishing up their annual education. Amanda will be visiting in Mid-July with two surveyors. They are conducting a staffing ratio survey to provide an analysis of staffing throughout the Alaska Pioneers' Homes.

Respectfully submitted, Skye Workman, Recreation Therapist I



It's really
hard to beat
fresh King
Salmon for
lunch!

YUM!

Our Eden Alternative journey focus through September is...

Celebration!

This celebration is in recognition of completing a cycle of Learning about the Eden Alternative Philosophy! We had a Carnival and food booth theme party to celebrate! This summer we will continue to focus on Eden activities rather than lessons. Lessons will start again in October.

Meetings:

Resident Meeting: Wednesday, August 8 @ 1:00pm

Certified Eden Associates: Friday, August 24 @ 10:00am



Taking a moment on a warm summer day to say hello to the visitors is so refreshing!

The new Blue Lake Dam site is open to the public so, of course, we had to go check it out!



The Brothers Snusgood

by, Galen Insteness



vel-ole,
maybe if
you start
the engine
first, it
will cut
BETTER!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
			1	2	3	4
			8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo: RHouse 5:30pm Music	8:00am Visits 9:00am Shopping 9:30am Stories 10:00 Biblical Fun 1:00pm Exercise / Picnic 5:30pm Golden Oldies	8:00am Visits 11:00am Exercise 11:15am Old Favorites 1:30pm National Watermelon Day Games	8:00am Visits 9:30am Catholic 1:30pm To be Announced

5	6	7	8	9	10	11
12:45pm Plano Music	8:00am Visits 11:00am Exercise 11:15am Awdy Warhol Pop Art Craft	8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics	8:00am Visits 10:30am Protestant Service 11:15am Gospel Music	8:00am Visits 9:00am Shopping 9:30am Stories 10:00 Biblical Fun 1:00pm Exercise 1:30pm Artist-in-Residence (Lily)	8:00am Visits 11:00am Exercise 11:15am Old Favorites 1:30pm Barabara Split Event	9:00am Visits 9:30am Catholic Service 1:00pm Frozen treat Social

12	13	14	15	16	17	18
12:45pm Plano Music	8:00am Visits 11:00am Exercise 1:30pm Bingo 2:30pm Bonnie	8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics	8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:00pm National Relaxation Day Event 5:30pm Music	8:00am Visits 9:00am Shopping 9:30am Stories 10:00 Biblical Fun 1:00pm Exercise / Picnic 5:30pm Golden Oldies	8:00am Visits 11:00am Exercise 11:15am Old Favorites 1:30pm Neighborhood Visits	9:00am Visits 9:30am Catholic Service 1:30pm Singaspiration

19	20	21	22	23	24	25
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26	27	28	29	30	31	
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Please contact the Activities Department if you would like a copy of our calendar! Note: Activities are subject to change